

COVID-19 (Coronavirus) Update

Greetings,

At this very difficult time facing all of us, Dr. Carlson has made the decision to close our clinic until March 31st for the safety of our patients, staff and community.

Phillips Eye Institute, part of Allina Health, has also made the decision to cancel all elective surgical cases until further notice.

We are working on contacting all currently scheduled patients to help reschedule appointments. If you are scheduled to be seen during this closure and haven't spoken to one of our staff members yet, please call the office at (612) 775-8009.

Thank you for your understanding. We hope everyone stays safe and healthy, and we will see you in the near future.

Best regards,

Dr. Keith Carlson & the Claris staff

TAKE PRECAUTIONS

Hand washing remains the most effective method of preventing the spread of germs, including coronavirus. Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom, before eating, and after blowing your nose, coughing or sneezing. Here are some additional reminders we've gathered for paying attention to good respiratory etiquette and hygiene:

- Stay home when you are sick. If you have a fever, cough and difficulty breathing, seek medical attention and follow the directions of your health care provider.
- When possible, avoid close contact with people who are sick.
- Avoid touching your eyes, nose and mouth.
- Avoid shaking hands and other unnecessary contact.
- Be mindful of personal space and keep a respectful distance. 3 feet is recommended.
- Cough or sneeze into your elbow or cover it with a tissue—then throw the tissue in the trash.
- Clean/disinfect frequently touched objects and surfaces using a household cleaning spray or wipe.

UPDATES

Like many of you, Claris Eye Care & Surgery is paying attention to updates from organizations who are monitoring the illness, like the Minnesota Department of Health (MDH), Centers for Disease Control & Prevention (CDC) and World Health Organization (WHO). As of now, the MDH has posted these, among other recommendations:

- Information is changing quickly and misinformation is circulating. The [MDH website](#) and [CDC's Coronavirus Disease](#) website are the best places to get the most accurate information.

If you have any questions or need further clarification, please feel free to reach out to us at (612)775-8009.

Current information

For the most up-to-date information on COVID-19:

[Minnesota Department of Health](#)
[Centers for Disease Control & Prevention](#)
[World Health Organization](#)